

# Have this chilling water bottle at hand when moving in hot climates

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Historique



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[http://lowtechlab.org/wiki/Have\\_this\\_chilling\\_water\\_bottle\\_at\\_hand\\_when\\_moving\\_in\\_hot\\_climates](http://lowtechlab.org/wiki/Have_this_chilling_water_bottle_at_hand_when_moving_in_hot_climates)

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Difficulté

**Très facile**

Durée

**5 minute(s)**

Coût

**2 EUR  
(€)**

## Description

If you know the feeling of being thirsty during exercising in a hot environment, craving for this cold, chilling refreshment during your workout, this "tutorial" is for you. It's actually so simple it's more a hack than a tutorial.

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# Introduction

To keep your drinking water cold and cool in a hot climate, just take some socks, make them wet und put your bottles in them.

The evaporation to dry the socks will need energy which will keep your refreshment cold. I used this while cycling in south of spain at temperatures of 35°C and it helped to keep things on a chilly temperatur for hours.

Works especiaaly well when there is wind. I think some drivers do the same by hanging their bottles out of their cars.

## Matériaux

1 bottle

1 sock

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## Outils

## Étape 1 -

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Catégorie : Tutorials